



SCOUTS CANADA 1st Lexington Scout Troop

Suggested Winter Camp list of gear to bring:

First thing to know: **MARK everything with your name!**

- Warm sleeping bag:** (A cheap summer sleeping bag just isn't going to do the job!) Often a separate liner, preferably fleece, will help keep you warm.
- Underpad:** underpads insulate you from the cold earth! Ask leader for recommendations or call an outfitter store.
- Pillow**

- 2-piece rain gear.** We can't emphasise the importance of a good rain set enough! Quality rain pants and a rain jacket that allows some venting of body heat and moisture will mean a much more enjoyable camp. We don't always need it, but be sure to bring it anyway!

- Extra, warm socks and mitts:** Keeping dry is the key to staying comfortable, even if it's wet and cold around you. Bringing extra socks means you can help keep your feet warm and dry – IF you actually change your socks! Take a minute to do that and you'll keep your feet happy!
- Outdoor boots or shoes:** Again, keeping your feet dry will help make sure you enjoy the camp.
- Long johns/ extra underwear.** Do we have to say it again? Stay dry with extra, warm clothing and you will enjoy yourself.
- Sweatshirt**
- Compass**
- 2 T-shirts and 2 pairs of long pants**
- Toiletries :** Toothbrush/toothpaste/Kleenex/lip balm/ sunscreen. Yes, even in the winter!
- Flashlight** with extra batteries
- Mess Kit** with mesh dunking bag: Includes NON-breakable mug, plate, bowl, utensils. (In late 2007 health authorities expressed concern about Biphenyl-A in most plastic water bottles both disposable and camping style. A parent should assess possible risks. A suggested alternative is stainless steel bottle.)

- Scout Handbook** (Is your name inside?)
- Health Card**
- Knife and fire permit(s)** if you have them.

OPTIONAL: Playing cards Emergency Kit