



SCOUTS CANADA 1st Lexington Scout Troop

Suggested * Warm Weather Camp list of gear to bring:

First thing to know: **MARK everything with your name!**

Sleeping bag appropriate for the weather: Don't forget, even summer nights can get cold! It's easy to undo part of the bag to cool off if necessary. Often a separate liner, preferably fleece, will help keep you warm.

Underpad: underpads insulate you from the cold earth! Ask a leader for recommendations or call an outfitter store. Check the camping links on the website.

Pillow

2-piece rain gear. We can't emphasise the importance of a good rain set enough! Quality rain pants and a rain jacket that allows some venting of body heat and moisture will mean a much more enjoyable camp. We don't always need it, but be sure to bring it anyway!

Extra socks: Keeping dry is the key to staying comfortable, even if it's raining around you. Bringing extra socks means you can help keep your feet warm and dry – IF you actually change your socks! Take a minute to do that and you'll keep your feet happy!

Outdoor boots or shoes: Again, keeping your feet dry will help make sure you enjoy the camp.

Extra underwear. Do we have to say it again? Stay dry with extra clothing and you will enjoy yourself.

Sweatshirt

Compass

2 T-shirts and 2 pairs of long pants

Toiletries: Toothbrush/toothpaste/Kleenex/lip balm/ sunscreen.

Flashlight with extra batteries

Mess Kit with mesh dunking bag: Includes NON-breakable mug, plate, bowl, utensils, water bottle. (In late 2007 health authorities expressed concern about Biphenyl-A in many plastic water bottles both disposable and camping style. A parent should assess possible risks. A suggested alternative is stainless steel bottle.)

Scout Handbook (Is your name inside?)

Health Card

Knife and fire permit(s) if you have them.

OPTIONAL: Playing cards Emergency Kit

* "Warm Weather" means camps which are not winter camps. Use your judgment when deciding how warm a sleeping bag, or what type of clothing to bring.